



■ Letter from the Editor-in-Chief

Dear Readers!

We present another issue of *Military Physician*, which integrates clinical, military, and scientific perspectives. We are pleased that each issue of the journal reflects the broad spectrum of topics addressed in your research and analyses.

This issue addresses, among other topics, cardiovascular risk factors within the military populations of NATO countries and the role of dentistry in maintaining soldier readiness for deployment. Contemporary challenges in terms of medical readiness are illustrated by a study assessing the level of preparedness of young physicians in the field of civil–military cooperation and their knowledge of Tactical Combat Casualty Care guidelines. The findings should serve as a basis for discussion on the need to improve education in tactical medicine, particularly in the current geopolitical context.

The work devoted to the health service during the Polish campaign of 1939 is of significant historical value. The synthesis of experiences and the analysis of the health service's capabilities from that period constitute not only valuable historical material but also a source of reflection on the development of military medicine over subsequent decades.

As we conclude 2025, it is worth emphasizing that the essence of medicine lies not only in procedures, structures, or statistics, but fundamentally in people. I wish you Christmas filled with peace, joy, and the company of loved ones, as well as the strength to undertake new professional challenges. May the New Year 2026 bring prosperity, health, and professional fulfilment.

I also thank you for another year of collaboration, inspiration, and the exchange of experiences.

With best regards

Prof. Bolesław Kalicki, MD, PhD

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