



■ Letter from the Editor-in-Chief

Dear Colleagues and Readers,

It is with great satisfaction that we present to you the first issue of *Military Physician* in 2026 – a year that will undoubtedly bring new challenges, intensive scientific work, and a continued search for answers in an ever-evolving medical landscape.

This issue features extensive review articles covering public health and psychiatry, as well as topics of particular importance to the military community – including the impact of stress on the prevalence of bruxism among soldiers, diagnostic challenges in emergency medicine, and the practical aspects of treating tetanus. I also encourage you to explore the articles devoted to modern technologies, such as the role of m-health in the management of atrial fibrillation and the application of artificial intelligence in orthodontic diagnostics and treatment planning.

A valuable addition to this issue is the second part of a study on the medical service during the 1939 Polish Campaign, serving as a reminder of the importance of past generations' experiences for the modern organisation of medical support.

Completing the issue is a scientific report from an international cardiology congress, offering the latest recommendations relevant to physicians across multiple specialties.

We hope that the content presented here will serve as a source of knowledge, inspiration, and practical support in your clinical and scientific work. We invite you to enjoy this issue and to actively contribute to the future editions of our journal.

Wishing you an inspiring read.

With best regards

A handwritten signature in blue ink, appearing to read 'B. Kalicki'.

Prof. Bolesław Kalicki, MD, PhD