



■ Letter from the Editor-in-Chief

Dear Readers,

Modern medicine is evolving at a dynamic pace. We continue to witness the emergence of novel therapeutic approaches, new healthcare challenges, and increasingly complex scenarios that call for cross-disciplinary collaboration.

It is particularly gratifying to note that the papers published in this issue are the result of joint efforts by researchers and clinicians from diverse academic and medical centres. This diversity of perspectives remains one of the greatest strengths of contemporary science, enabling the development of solutions that address the real needs of both patients and the healthcare system.

The second issue of *Lekarz Wojskowy (Military Physician)* this year features papers exploring innovative therapeutic avenues, including the application of platelet-rich plasma in oral surgery and current trends in oncological treatment. Our contributors also address essential topics such as the paediatric microbiome, nosocomial infections, cardiovascular diseases, and the impact of physical activity on cognitive function in older adults.

Crucially, this issue also places a strong emphasis on military medicine and health security. It presents comprehensive studies on the impact of military service in extreme conditions on soldiers' health, civil-military cooperation during mass-casualty incidents, and the medical consequences of modern armed conflicts – themes that carry profound significance in today's world.

I would like to express my sincere gratitude to the Authors for their trust and for choosing our journal to share their research findings. My thanks also go to the Reviewers for their unwavering commitment, and to you, our Readers, for your continued engagement and for helping shape the professional community around *Lekarz Wojskowy*.

I wish you an inspiring read and a well-deserved respite from your daily responsibilities during the summer season.

With best regards

A handwritten signature in blue ink, appearing to read 'Kalicki'.

Prof. Bolesław Kalicki, MD, PhD